

Hawai'i Coalition for Dads

Hawai'i Dads (Makuakāne)

Vol. 5, No. 2 • 2008

FATHERS MONTH in Hawai'i—June

CELEBRATE FATHERS Day at Windward Mall—Saturday, June 14, 2007



*Michael and Mikiele Kauhi,
Father-Child Look-Alike
Contest Winners*

Hawai'i Coalition for Dads' 10th Annual CELEBRATE FATHERS Day was held on Saturday, June 14th at Windward Mall in Kaneohe. This event celebrated "June is Father's Month" as proclaimed by **Lt. Gov. James "Duke" Aiona**, **Honolulu Mayor Mufi Hannemann**, and the **Honolulu City Council**.

HCD's CELEBRATE FATHERS Day included a Father-Child Look-Alike Contest, family entertainment (**24-VII Danceforce**, **Blaine Kamalani Kai & Halau**, balloon animals), and NFI Daddy Packs.

Family-friendly activities and information were provided by the **PACT/Hana Like & Early Head Start/Head Start**, **Big Brothers/Big Sisters**, **Dept. of Health Family Planning**, **Ho'ala Hou (Reawakening) Parent Involvement Project**, **Kathy's Parenting Solutions**, **Kauka'i ka 'Ohana (Strength in Families)**, **Keiki ID by Missing Child Center**, and **YMCA**. ~HI Dads~

"Balancing Work & Family" Fatherhood Conference—Saturday, June 28, 2007

The Hawai'i State Commission on Fatherhood, Hawai'i Coalition for Dads, and Children's Rights Council of Hawai'i presented their "Balancing Work & Family" Fatherhood Conference at The Pacific Club in Honolulu on Saturday, June 28, 2008, supported in part by a grant from the **Hawaii Children's Trust Fund**.

Conference participants welcomed workshop sessions on *Work-Family Balance for Dads* and *The Father-Friendly Company* led by **Scot Cunningham**—National Fatherhood Initiative's Director of Business Development for Work-Family Balance Programming (see: www.fatherhood.org/wfb_ps.asp).

The *Positive Discipline Local Style* panelists discussed Japanese (**Dan Yahata**), Hawaiian (**Tom Naki**), Filipino (**Alan Sunio**), Samoan (**Brian Teo**), and Military positive discipline styles (**Chet Adessa**).

John Bauserman—Children's Rights Council President—discussed the benefits of and research supporting Shared Parenting (*Joint Custody*) for children (see: www.crckids.org).

The **Strengthening Keiki of Incarcerated Parents (SKIP)** and **Incarcerated Hawai'i Fathers in Arizona** programs made brief luncheon presentations.

HCD sponsors and participates in father-focused events each June to motivate, inspire, reach out to, and thank the important dads and all special father-figures in the lives of Hawai'i's children and adolescents.

The Hawai'i Coalition for Dads' Father's Month activities this June were supported by a grant from the **HMSA Foundation**. ~HI Dads~



*NFI's Scot Cunningham led two
"Balancing Work & Family" sessions.*

Visit HCD's new web pages: www.pacthawaii.org/hcd.html

Fatherhood Involvement Team (F.I.T.) of the Maui Family Support Services

2nd Annual Celebration of Fathers—Sunday, June 1, 2008

The Fatherhood Involvement Team (F.I.T.) of the Maui Family Support Services held its 2nd Annual Celebration of Fathers free event at The Maui War Memorial Complex on Sunday, June 1, 2008 to kick off Father's Day and Father's Month in Hawai'i (contact F.I.T. @ Roy@mfss.org or 808/242-0900 ext. 279).



Families from Maui, Moloka'i, and Lana'i enjoyed live music provided by Grammy award winner **Uncle George Kahumoku, Jr.**, Maui Kila Kila with **Wesley Furamoto**, Ohana, and the amazing **Abrigo Ohana**. **Dora**, **Diego** and the **Backyardigans**, **Tyrone**, **Tasha**, and **Uniqua** were big hits with the keiki.

Happy Dan the Music Man provided games and balloon animals and a host of volunteers provided activities, games, and prizes for the keiki and their families. There was a Father-Keiki Look-Alike Contest, ono grinds, shave ice, popcorn, and other refreshments. A great time was had by all.

Many of Maui County's community agencies were on hand to provide information about their services to enhance the health and well being of fathers, families—and most importantly—our keiki.

A Big Mahalo for the grants that made this event possible from the **Hawai'i Community Foundation's Hawai'i Children's Trust Fund**, **Kent & Polli Smith Fund**, **County of Maui**, and **National Responsible Fatherhood Capacity Building Initiative**. ~HI Dads~

Kaua'i Fatherhood Conference—Thursday, January, 2008

The Kaua'i Fatherhood Conference was held at Kaua'i Community College on Thursday, January 10, 2008. **Bernard Carvalho** described the Kaua'i County Father's Coalition. **Nancy Phillion**, Maternal-Child Nurse, Kaua'i District Health Office, discussed parenting behaviors and attitudes from the Kaua'i Fathers' Survey.

Psychologist **Kimo Alameda's** "A-Plus for Dads" presentation gave parent-child communication tips and emphasized structure—"youth thrive on structure." Known as the "Frank DeLima" of Clinical Psychologists, Kimo is a dynamic and entertaining speaker.

Russell Goo, Kaua'i Deputy Attorney General, discussed legal issues pertaining to Dads.

Then a **Panel of Four Dads** talked movingly about their personal parenting situations—one Father is raising two medically fragile children. Another Dad is a foster parent who adopted two children from Child Welfare Services. A single Dad told of his challenges raising an autistic son. And, a Grandfather talked about raising his granddaughter because both of her parents are incarcerated.

During a "man-eaters" lunch (steak, chicken, rice, salad, potatoes) the **Tangalin Family** sang and played ukulele and slack key guitar. They are a family of 12—with nine children adopted—from the Westside Christian Center.

After lunch, **Thomas Kaulukukui**, Chair and Trustee for Queen Liliuokalani Children's Center, gave a powerful presentation on defining manhood and fatherhood. He talked about stopping destructive cycles, regenerating our future, and reaffirming what it means to be a Hawaiian male.

Mason Chock, from Leadership Kaua'i, explained how he developed and implemented The Hale Mua – Kaua'i's fatherhood program which is offered through the west side and



L.-to-R: **Thomas Kaulukukui** and **Mason Chock** do an exercise with a mousetrap to develop trust.

east side Ohana Club at Child and Family Services. **Elwood Machado** and members from the west side Ohana Club at Nana's House described their Ohana Club's activities.

For more information e-mail nancy.phillion@doh.hawaii.gov or call 808/241-3427. ~HI Dads~

Info for Dads...and Businesses**Balancing Work & Family**

Working parents want to spend time with their families and show their commitment to their employer! A 2002 *USA Today* (12/9/2002) poll (taken during a recession) found that “finding time with family was a more pressing concern than layoffs.”

It's not just women that are seeking work/family balance in their lives. Dads are too!

Work/Family Balance Tactical Plan for Dads (and Moms)

Get started with Work/Family Balance! This document link helps you create your individual plan for achieving work/family balance: www.fatherhood.org/doclibrary/business/WorkFamilyBalancePlan.pdf.

Father Friendly CheckUp™ for Businesses

When companies help fathers balance work and family, they help themselves!

How?—they improve their bottom line through **increased productivity** and **loyalty**, and **reduced absenteeism** and **health care costs**! For example:

- A study by **IBM** found that the highest performers in the company are more likely to focus on balancing work and family than employees who performed at a lower level.
- **Johnson and Johnson** enjoyed a 50 percent decrease in absenteeism among employees who use flexible work options and family leave policies.

This on-line survey (www.fatherhood.org/checkup.asp) from the National Fatherhood Initiative will help you assess the degree to which your business' operations include helping fathers find a successful balance between the demands of their jobs and the commitments to their families.

Did you know that 7 out of 10 fathers say they would take a pay cut if it meant they could have more time with their families? NFI believes this is an indication that fathers, like mothers, are looking for new ways to balance work and family. This survey is designed to help the dads in your company!

Want to Help Working Moms? Help Working Dads. Wondering what the moms in your company will say when you announce you are helping working dads? Just remember that helping working fathers integrate work and family commitments directly helps working mothers. ~HI Dads~

To honor of Father's Day 2008
U.S. Census Bureau
FACTS ON FATHERS

For current facts about America's 64.3 million fathers, go to:

www.census.gov/Press-Release/www/releases/archives/cb08ff-09.pdf.

**State Commission on Fatherhood remains UNSTAFFED**

The 2008 Hawai'i State Legislature did not provide funding to staff the Hawai'i State Commission on Fatherhood (SCF). The SCF was established without funding by the Hawai'i Legislature in 2003 “in recognition of the important and unique role fathers play in the lives of their children, families, and communities....”

The SCF—which has had over 40 monthly meetings and limited activities since 2003—will ask the Legislature for staff funding again in 2009 to enable it to more actively carry out its mission “to promote healthy family relationships between parents and children by emphasizing the important role fathers play in the lives of their children”: <http://hawaii.gov/dhs/fatherhood/fatherhood/>. ~HI Dads~

Telling YOUR STORIES



In today's busy world, many parents have lost the art of telling their stories to their kids. Here are some reasons why these stories are so beneficial:

1. **Use them to teach lessons about life.** Stories will stimulate conversations with your kids more effectively than lecturing or "trying to get them to talk." There are a lot of issues happening for your kids these days, and stories give them a chance to reflect on them.
2. **Stories connect your kids with previous generations.** In a society that seems to have families spread out all over, it's vitally important to have ways to have your kids feel connected to their extended families.
3. **Stories stimulate your kids' imagination.** One of the best ways to prepare your kids for the world is to engage them in vivid

stories that stir their imagination. Kids who are exposed to these kinds of stories will be the creative problem-solvers of the future.

4. **Kids who are exposed to stories will continue the tradition with their own families.** Knowing that your family traditions and stories will be carried on by future generations is very comforting.
5. **Stories can encourage your kids when they're discouraged.** Childhood can get pretty discouraging sometimes. Kids are encouraged by knowing that Dad or Mom have gone through the same kinds of things and have survived.
6. **Telling your stories has you remembering your own childhood.** Telling your kids about your childhood is a great way for you to remember and reflect on what was important about your younger years.
7. **Telling stories helps to create depth and soul in your kids.** In a TV and media-crazy culture, telling stories can capture your kids' attention and convey real meaning. It's a way to show your kids what's really important in your life.
8. **Telling stories to your kids tells them they're worth the time.** Is there anything more important than conveying to your kids that you want to spend intimate time with them? They'll remember it forever.
9. **Telling stories is a great chance to convey your values.** Your kids will be getting quite a few messages from their friends and from popular culture. Stories are a great opportunity to sneak in a few of your cherished values for your kids to hear.
10. **Well-crafted stories create a wonderful mind-set for your kids before they fall asleep.** Kids will fall asleep faster and with healthier images when you tell them your stories.

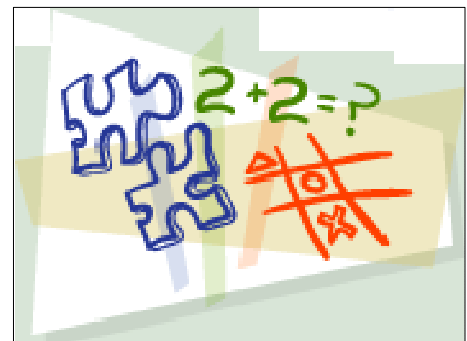
Source: Mark Brandenburg (www.markbrandenburg.com). ~HI Dads~

PBS Parents



Check out the **PBS Parents** website information on child development and developmentally appropriate activities for children birth to second grade.

For useful tips on Child Development, Children and Media, Creativity, Early Math, Going to School, Raising Boys, Reading and Language, Talking with Kids, Birthday Parties—visit: www.pbs.org/parents/. ~HI Dads~



Who's for Kids...and...Who's Just Kidding?**Engage fathers early & often reduces risks**

"If you want to reduce gang membership, teen pregnancy, dropping out of school, abuse and neglect of children, and substance abuse, you can do it **by engaging fathers early and often** in the lives of their children.

"We know this from the science, we know it makes sense—it's not easy, but it **absolutely works**. It works on these problems like aspirin on a headache. And our failure to connect the dots here with what we know is a huge unfinished problem and **our children** absolutely **deserve for us to stop fooling around and fix this**" (www.youtube.com/watch?v=nZ0iJmyE-7I).

Source: Dr. Kyle Pruett, fatherhood expert, Yale Child Study Center ~HI Dads~

Violent TV Watching & Aggression

Boys between the ages of 2 and 5 who watch violent TV programs are much more likely to develop aggressive and/or antisocial behaviors by the time they reach the ages of 7 to 9.

Preschool boys who watched football as well as cartoons such as *Power Rangers*, *Spider-Man*, and *Space Jam*, and other programs in which characters fight or flee from violent situations, were more likely to cheat, be disobedient at school, be mean to other children, and feel no regret for such behaviors at a later age. No such correlation was found in girls of the same age.

The need for parents "to be informed and very selective when making media choices for their children" is emphasized by this Seattle Children's Hospital Research Institute and the University of Washington School of Medicine study, published recently in the journal *Pediatrics*. Read more about the study at: www.seattlechildrens.org/ (search: "violent TV").

A "Click! Turn Off The Violence" 10-panel leaflet makes a compelling case for minimizing children's exposure to media violence, and suggests how to monitor what kids watch, block objectionable TV programs and Internet sites, influence content at local TV stations and movie theaters, and schedule more time for healthy family activities.

"Click! Turn Off The Violence" is available at: www.channing-bete.com.



Source: Nurturing Families E-Newsletter—2.1 (www.channing-bete.com) ~HI Dads~

Support the Hawai'i Coalition for Dads.

Help promote involved, nurturing, responsible fatherhood in Hawai'i.

- ☐ Please keep me informed about the activities of the Hawai'i Coalition for Dads.
- ☐ I would like to volunteer to help; contact me.
- ☐ Here is my contribution. \$ _____

~ Your donations are tax-deductible. ~

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ E-mail _____

Please make your check payable to: **Hawai'i Coalition for Dads/PACT**

Phone: 841-2245

...and send it to: 1485 Linapuni St. #105; Honolulu, Hawai'i 96819

E-mail: HawaiiDads@pacthawaii.org

Hawai'i Coalition for Dads

Promoting involved, nurturing, responsible fatherhood

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The Hawai'i Coalition for Dads, with funding from the HMSA Foundation under the umbrella of Parents And Children Together (PACT), is a group of individuals and organizations that shares information about services to fathers and promotes involved, nurturing, responsible fatherhood.

GOALS:

1. To enhance the ability of Hawai'i's children to grow in peaceful and safe environments.
2. To increase community awareness about fatherhood.
3. To promote the availability and accessibility of quality, father-centered community resources.
4. To advocate for informed public policy regarding fatherhood.
5. To strengthen community collaboration in support of fatherhood.
6. To respect and honor everyone's unique role in children's lives.

Fatherhood & Family Resources

1. **Hilo**: YWCA of Hawaii Island (Healthy Start) (961-3877; ywcawahaiiisland.org)
2. **Kailua-Kona**: Family Support Services of West Hawai'i (326-7778; fsswh.org)
3. **Kaua'i**: Nana's Place/Child and Family Service (338-0252; cfs-hawaii.org)
4. **Maui**: Da dee Fatherhood Program—Maui Family Support Services (242-0900; mfss.org);
Neighborhood Place of Wailuku (986-0700); Maui Economic Opportunity (249-2990; meo.org)
5. **Molokai**: Mediation Center of Molokai (553-3844)

Oahu (and statewide):

6. Hawai'i State Commission on Fatherhood (www.hawaii.gov/dhs/fatherhood/fatherhood)
7. TIFFE (Nurturing Fathers; Playgroups) (596-8433; www.tiffe.org)
8. PACT (Family Centers; Hana Like; Head Start; Family Peace Center) (847-3285; www.pacthawaii.org)
9. Navy Fleet & Family Support Center (Boot Camp For New Dads) (474-1999; www.greatlife-hawaii.com)
10. PARENTS (235-0488); 11. Kathy's Parenting Solutions (352-3303; kathysparentingsolutions.com)
12. The Baby Hui (groups for Dads, and Moms) (735-2484; thebabyhui.org)
13. The Parent Line (Info & Referral) (526-1222; www.theparentline.org) 14. AUW – 211 (auw.org/211)
15. HPIRC (HI Parental Information & Resource Centers) (841-6177; hawaiipirc.org)
16. DOE Family Support (PCNC; Families for R.E.A.L.; VISTA) (733-4476; familysupport.k12.hi.us)
17. SPIN (Special Parent Information Network) (586-8126; spin-hawaii.org)
18. Big Brothers Big Sisters (support for single Dads, and Moms) (521-3811; bigshonolulu.org)
19. Good Beginnings Alliance (Playgroups) (531-5502; goodbeginnings.org)
20. Tutu and Me (traveling preschool for Hawaiian families) (524-7633; tutuandme.org)
21. Queen Lili'uokalani Children's Center (Hawaiian families) (847-1302; qlcc.org)
22. ALU LIKE (Hawaiian families) (535-6700; alulike.org)

Religious resources: Contact your place of worship...church, temple, synagogue

Internet Resources (check on their "Links," too):

1. **mr.dad** (mrdad.com)
2. **fathers.com** (fathers.com)
3. **Nurturing Father** (nurturingfathers.com)
4. **Nat'l Fatherhood Initiative** (fatherhood.org)
5. **ParentingTime.net** (parentingtime.net)